|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **School Lunch Menu**  **Monday** | **Tuesday** | **Wednesday** | **Thursday** | Version 1 colour for printing (1)  **Friday** |
| **WEEK 1**  **30/8**  **27/9**  **25/10**  **22/11**  **20/12** | **Spaghetti Bolognaise & Homemade Garlic Bread**  **Baton Carrots**  **Medley of Fresh Vegetables**  **Mashed Potato**  **Chocolate muffin Or Fruit & Yoghurt** | **Breaded Fish Fingers**  **Garden Peas**  **\*Salad Selection**  **Mashed Potato**  **Vanilla Ice Cream pot Or Yoghurt & Fruit** | **Homemade Breaded Chicken Goujons**  **Selection of Dipping Sauces**    **Sweetcorn, \*Salad Selection**  **Mashed Potato, Hot Pasta Twists**  **Fresh Fruit Selection & Fresh Yoghurt** | **Roast Pork**  **Herb Stuffing, Gravy**  **Fresh Baton Carrots**  **Broccoli Florets**  **Mashed Potato**  **Jelly Pot or Yoghurt & Fruit** | **Hot Dog Or Chicken Roll**  **Baked Beans**  **Peas**  **\*Tossed Salad**  **Chips,**  **Mashed Potato**  **Flakemeal Biscuit or Yoghurt & Fruit** |
| **WEEK 2**  **6/9**  **4/10**  **1/11**  **29/11** | **Steak Burger**  **Gravy**  **Broccoli Florets**  **Fresh Baton Carrots**  **Mashed Potato**  **Fresh Fruit Selection & Fresh Yoghurt** | **Cheesy Bolo Pasta**  **Herb stuffing, Gravy**  **Garden Peas, Savoy Cabbage**  **Mashed Potato**  **Shortbread or Yoghurt & Fruit** | **Fresh Breaded Fish Goujons**  **with lemon slice, Tartar Sauce**  **Baked Beans, Garden Peas Sweetcorn, \*Salad Selection**  **Mashed Potato**  **Jelly Pot or Yoghurt & Fruit** | **Roast Breast of Chicken**  **Herb Stuffing**  **Gravy**  **Cauliflower Cheese**  **Fresh Diced Carrots / Parsnip, Mashed Potato**  **Chocolate muffin Or Fruit & Yoghurt** | **Chicken Nuggets Or Chicken Wrap**  **Salsa Dip, Sweetcorn**  **\*Salad Selection**  **Chips**  **Baked Potato**  **Vanilla Ice Cream pot Or Yoghurt & Fruit** |
| **WEEK 3**  **13/9**  **11/10**  **8/11**  **6/12** | **Italian Bolognaise Pasta**  **Baked Beans, Sweetcorn**  **Broccoli Florets**  **Mashed Potato**  **Fruit Muffin or Yoghurt & Fruit** | **Homemade Chicken Goujons, Selection of dipping sauces**  **Baton Carrots**  **\* Salad Selection**  **Chips**  **Mashed Potato**  **Ice Cream pot Or Yoghurt & Fruit** | **Breaded Fish Fingers**  **Garden Peas**  **Mediterranean Roasted Vegetables, Mashed Potato**  **Baby Boiled Potatoes**  **Fresh Fruit Selection & Fresh Yoghurt** | **Roast Turkey**  **Herb Stuffing**  **Cranberry Sauce, Gravy**  **Fresh Carrot or Parsnip**  **Fresh Savoy Cabbage**  **Mashed Potato**  **Chocolate Cookie Or Fruit & Yoghurt** | **Traditional Homemade Chicken Soup**  **Steak Burger in Bap**  **Mashed Potato, Tossed Salad**  **Selection of breads**  **Frozen Mousse or Fresh Fruit &Yoghurt** |
| **WEEK 4**  **20/9**  **18/10**  **15/11**  **13/12** | **Breast of Chicken Curry with Boiled Rice & Naan Bread**  **Garden Peas**  **Fresh Savoy Cabbage**  **Gravy**  **Mashed Potato**  **Chocolate muffin Or Fruit & Yoghurt** | **Oven Baked Sausage Or Chicken Roll**  **Baked Beans**  **Sweetcorn**  **Baton Carrots**  **Mashed Potato**  **Flakemeal Biscuit or Yoghurt & Fruit** | **Steak Burger**  **Gravy**  **Diced Turnip**  **Fresh Baton Carrots**  **Mashed Potato**  **Jelly Pot & Yoghurt & Fruit** | **Spaghetti Bolognaise or Salmon fish cake**  **Lemon Slice and Tartar Sauce**  **Broccoli &**  **Cauliflower Florets**  **Mashed Potato**  **Selection of Fruit &Yoghurt** | **Homemade Margherita Pizza**  **\* Salad Selection**  **Sweetcorn**  **Traditional Champ**  **Chips**  **Artic Roll or Fruit & Yoghurt** |

*Rice, Pasta, Potatoes and Gravy can be served Daily Menu choices subject to deliveries* 

***If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form***

***\*2 Items from Cook’s Salad Selection***

***Rice Salad, Coleslaw***

***Sweet Chilli Pasta***

***Tossed Salad***

***Lettuce, Cherry Tomato***

***Carrot Sticks***

***Cucumber Sticks***

***Diced Red Peppers***

***Red Onion***

***Radish***

***Beetroot***

***Breads***

***Milk, Water***

***Fresh Fruit, Yoghurt***

***Available Daily***

***Fresh Fish May Contain Bones***