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|  | **School Lunch Menu****Monday** | **Tuesday** | **Wednesday** | **Thursday** | Version 1 colour for printing (1)**Friday** |
| **WEEK 1****30/8****27/9****25/10****22/11****20/12** | **Spaghetti Bolognaise & Homemade Garlic Bread** **Baton Carrots** **Medley of Fresh Vegetables****Mashed Potato****Chocolate muffin Or Fruit & Yoghurt** | **Breaded Fish Fingers** **Garden Peas****\*Salad Selection****Mashed Potato****Vanilla Ice Cream pot Or Yoghurt & Fruit** | **Homemade Breaded Chicken Goujons****Selection of Dipping Sauces** **Sweetcorn, \*Salad Selection****Mashed Potato, Hot Pasta Twists****Fresh Fruit Selection & Fresh Yoghurt** | **Roast Pork****Herb Stuffing, Gravy** **Fresh Baton Carrots****Broccoli Florets****Mashed Potato****Jelly Pot or Yoghurt & Fruit** | **Hot Dog Or Chicken Roll****Baked Beans****Peas****\*Tossed Salad****Chips,** **Mashed Potato****Flakemeal Biscuit or Yoghurt & Fruit** |
| **WEEK 2****6/9****4/10****1/11****29/11** | **Steak Burger** **Gravy****Broccoli Florets****Fresh Baton Carrots****Mashed Potato****Fresh Fruit Selection & Fresh Yoghurt** | **Cheesy Bolo Pasta****Herb stuffing, Gravy****Garden Peas, Savoy Cabbage****Mashed Potato****Shortbread or Yoghurt & Fruit** | **Fresh Breaded Fish Goujons** **with lemon slice, Tartar Sauce** **Baked Beans, Garden Peas Sweetcorn, \*Salad Selection****Mashed Potato****Jelly Pot or Yoghurt & Fruit** | **Roast Breast of Chicken** **Herb Stuffing****Gravy** **Cauliflower Cheese****Fresh Diced Carrots / Parsnip, Mashed Potato****Chocolate muffin Or Fruit & Yoghurt** | **Chicken Nuggets Or Chicken Wrap****Salsa Dip, Sweetcorn****\*Salad Selection****Chips****Baked Potato** **Vanilla Ice Cream pot Or Yoghurt & Fruit** |
| **WEEK 3****13/9****11/10****8/11****6/12** | **Italian Bolognaise Pasta** **Baked Beans, Sweetcorn****Broccoli Florets****Mashed Potato****Fruit Muffin or Yoghurt & Fruit** | **Homemade Chicken Goujons, Selection of dipping sauces** **Baton Carrots** **\* Salad Selection** **Chips****Mashed Potato****Ice Cream pot Or Yoghurt & Fruit** | **Breaded Fish Fingers****Garden Peas****Mediterranean Roasted Vegetables, Mashed Potato****Baby Boiled Potatoes****Fresh Fruit Selection & Fresh Yoghurt** | **Roast Turkey****Herb Stuffing****Cranberry Sauce, Gravy** **Fresh Carrot or Parsnip** **Fresh Savoy Cabbage****Mashed Potato** **Chocolate Cookie Or Fruit & Yoghurt** | **Traditional Homemade Chicken Soup** **Steak Burger in Bap****Mashed Potato, Tossed Salad****Selection of breads****Frozen Mousse or Fresh Fruit &Yoghurt**  |
| **WEEK 4****20/9****18/10****15/11****13/12** | **Breast of Chicken Curry with Boiled Rice & Naan Bread****Garden Peas****Fresh Savoy Cabbage** **Gravy****Mashed Potato****Chocolate muffin Or Fruit & Yoghurt** | **Oven Baked Sausage Or Chicken Roll****Baked Beans****Sweetcorn****Baton Carrots****Mashed Potato** **Flakemeal Biscuit or Yoghurt & Fruit** | **Steak Burger****Gravy****Diced Turnip****Fresh Baton Carrots****Mashed Potato****Jelly Pot & Yoghurt & Fruit** | **Spaghetti Bolognaise or Salmon fish cake****Lemon Slice and Tartar Sauce****Broccoli &****Cauliflower Florets****Mashed Potato****Selection of Fruit &Yoghurt** | **Homemade Margherita Pizza****\* Salad Selection****Sweetcorn****Traditional Champ****Chips****Artic Roll or Fruit & Yoghurt** |

*Rice, Pasta, Potatoes and Gravy can be served Daily Menu choices subject to deliveries* 

***If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form***

***\*2 Items from Cook’s Salad Selection***

***Rice Salad, Coleslaw***

***Sweet Chilli Pasta***

***Tossed Salad***

***Lettuce, Cherry Tomato***

***Carrot Sticks***

***Cucumber Sticks***

***Diced Red Peppers***

***Red Onion***

***Radish***

***Beetroot***

 ***Breads***

***Milk, Water***

***Fresh Fruit, Yoghurt***

 ***Available Daily***

***Fresh Fish May Contain Bones***